

QB-Test

The QbTest is a computer-based tool that objectively measures attention, impulsivity, and motor activity.

	Never Or Rarely	Sometimes	Often	Very Often
Hyperactivity / Impulsivity				
1. Fidgeting, or squirming in my chair				
2. Finding reasons to leave my seat when expected to remain seated				
3. Moving about excessively or feeling restless				
4. Difficulty engaging in leisure activities quietly				
5. Feeling uncomfortable being still for extended time periods				
6. Talking excessively				
7. Blurting out answers or thoughts				
8. Difficulty awaiting my turn				
9. sad or blue, depressed, unhappy				
10. Interrupting or imposing on others				
Sum of Items Rated Often and Very Often				

The QbTest is a computer-based tool that objectively measures attention, impulsivity, and motor activity.

It combines a continuous performance task with advanced motion tracking to evaluate hyperactivity and focus.

Used alongside clinical interviews, the QbTest provides quantitative data to support ADHD diagnosis and helps differentiate ADHD from other conditions with overlapping symptoms.

It is particularly valuable for tracking symptom changes during treatment.